

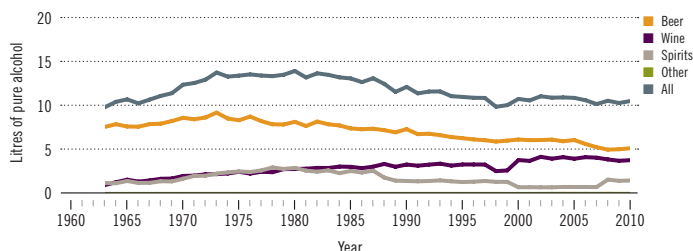
Belgium

Total population: 10 941 000 > Population aged 15 years and older (15+): 83% > Population in urban areas: 97% > Income group (World Bank): High income

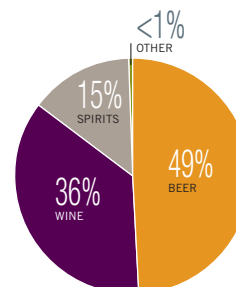
ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	11.0	10.5	→
Unrecorded	1.0	0.5	↘
Total	12.0	11.0	→
Total males / females		15.0 / 6.3	
WHO European Region	11.9	10.9	

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	17.8
Females (15+)	7.8
Both sexes (15+)	12.8

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	47.7	56.5
Females (15+)	21.7	27.0
Both sexes (15+)	34.3	41.7

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	3.8	8.6	6.2
Former drinkers* (15+)	11.8	11.0	11.4
Abstainers (15+), past 12 months	15.6	19.6	17.7

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 5 > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
	14.2	6.1	69.0	70.1
Liver cirrhosis, males / females				
Road traffic accidents, males / females	15.1	3.7	19.5	7.8

*Per 100 000 population (15+).

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	8.8	4.7
Females	3.0	1.6
Both sexes	5.8	3.1
WHO European Region	7.5	4.0

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 5 > MOST

*Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2008/—) / No	National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	0.05 / 0.05 / 0.05
Excise tax on beer / wine / spirits	Yes / Yes / Yes	Legally binding regulations on alcohol advertising / product placement	No / No
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	16 / 16 / 18	Legally binding regulations on alcohol sponsorship / sales promotion	No / No
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	16 / 16 / 18	Legally required health warning labels on alcohol advertisements / containers	No / No
Restrictions for on-/off-premise sales of alcoholic beverages:		National government support for community action	Yes
Hours, days / places, density	No, No / No, No	National monitoring system(s)	Yes
Specific events / intoxicated persons / petrol stations	Yes / Yes / Yes		